



PLANNING FOR A SECOND (POST RETIREMENT) CAREER – 3 TIPS TO GET THERE

Increased longevity and better health during senior (post retirement) years is definitely a positive thing. At the same time, it raises a few critical concerns about the quality of life keeping in view the rapidly growing inflation rates and the sudden reduction in income post retirement. To address both issues most senior people today plan for a second career, i.e. working after their retirement. **Make the Best of Your Post-Retirement Life** A second career is an excellent option as this will bring in a steady income as well as generate tremendous satisfaction about post-retirement life. Senior people often feel depressed and useless after their retirement. The ability to start a new career instills new hope and fills the heart and mind with a new zest for life. This in turn, has a tremendously positive impact on the health of both mind and body. Anyone can start a second career upon retirement. Here are few tips to make the transition easy and fruitful: **(1) Focus On The Pleasure Aspect** - when you plan for a second career, focus on what you love to do. Keep in mind that you will have less stamina for long and grueling hours in your senior years. Choose something that give you so much pleasure that you would not feel stressed doing it. Make a list of what you would like to do - photography, writing, teaching, counseling, programming, making glass, travel - whatever you really want to do. Once you have the list, prioritize them and focus on the first 5, thinking about ways to monetize these activities. The sky is the limit if you put your mind to it. You can become a freelancer; you could seek part-time employment; you could become an entrepreneur; you could become a consultant. **(2) Acquire Additional Professional Skills** - for example, loving to take pictures will not give you a job or assignment with the National Geographic Channel. You need to have the know-how. Take up an advanced course in photography; learn to use computers to enhance photographic effects; take up a course in application of editing software, etc. You should not only have the qualifications and skills, but also be up-to-date with the present day technology. **(3) Network With Professional In The Field Of Your Interest** - do not wait until you retire to seek employment. Instead, network with established and reputed professionals as early as you can. Do free or specially discounted for these people in your network to establish your credential and earn their goodwill. By the time you retire you will have plenty of choices for assignments/ jobs from your network. Where can you find the most Retirement jobs? [Click here](#).

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