



HAPPY NEW YEAR!

Today is the last day of 2010. For many people, the start of a new year is a time to make changes. Not me. I don't believe in making new years resolutions, and if you're serious about your career, neither should you. I've made several changes in my life this year. Earlier in the year, I quit smoking. Currently, I'm working on not letting my dirty dishes sit over night. These were areas that I needed to improve and so I took action. There's nothing special or magical about January 1st. The new year doesn't imbibe you with any extra willpower. If you need to change something in your life, don't wait for a special date like New Year's Day or a birthday. Identify the problem, fix it and move on. It takes 21 days of repetition to form a habit and a lot longer than that to break one. So tonight and tomorrow, make the decision to take action in your life, but do it because it needs to be done and not because of the calendar!

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