

## HELPING OTHERS THROUGH REWARDING SERVICE JOBS



When you feel called into the work of a public servant, you can expect pay to be low and stress to be high. However, laying your head down at the end of a long day knowing that you have helped someone makes it worth it all. Here are four jobs that can make you feel like you are saving the world. *Public School Teacher* Median Pay: \$50,400 As a public school teacher you will have the opportunity to impact the life of a young person. No other profession gives you the privilege to serve on the front lines in the development of the nation's youth. Despite the cuts local and state governments have seen in recent years throughout the education sector, demand for math, science, special education, and bilingual teachers remain strong. If you desire to switch from your present job into this field, look into attending a certification program to speed things along. It will let you skip the undergraduate degree in education and move right along into teaching. *Dietitian* Median Pay: \$55,800 Work with hospitals, schools, community health centers and corporations by advising groups and individuals on proper nutrition. The nation is currently facing a crisis with childhood obesity. Likewise, the large aging population also adds to the need for expert diet advice. As a dietitian, you can work as a consultant, or create a specific niche and design a private practice that caters to your desired clientele. Entering into the dietitian field requires that you take undergraduate studies in food sciences, and have a year of supervised field experience. *Medical Case Manager* Median Pay: \$58,600 If you have a background in nursing, counseling or social work, you may find the transition into this field rather simple. If you do not hold that kind of experience, then get started in the right direction with an associate's degree in behavioral sciences or human services, and couple it with a certification. The growing population of elderly has increased the demand for medical case managers in recent years. These managers work closely with patients to recommend and develop a treatment plan. You will interview patients, help process paperwork, coordinate with doctors and nurses to implement care and monitor the progress of the patient. *Recreation Therapist* Median Pay: \$42,300 With an undergraduate degree that contains coursework in therapeutic recreation, certification, and supervised work experience, you become a great candidate for a recreation therapist. In this field you help people with injuries, disabilities, or illnesses connect with the world again through sports, art and music. You must have creativity that enables you to know how to engage patients individually. Depending on your professional desire, you can work as a recreation therapist in a community, commercial, private, or clinical setting. At the end of the day, working as a recreation therapist allows you to see the growing empowerment of an individual that once lost focus of his abilities by blindness caused by a pessimistic outlook from the disability.