



TIPS ON RETURNING TO STUDY OR WORK

To deal with the daunting experience of getting started in a new career after time away from work, you will require to build on your confidence factor. The first step would be to revisit the different things you are good at and also look at how transferable your skills are. If you are searching for a job, you could join a CV workshop to help you brand yourself and also talk to a career coach for advice.
Read the full article here:

[Top Tips: returning to study or work - This is Plymouth](#)

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