



BOOST EMPLOYEE MORALE WITH AN EXCITING ADVENTURE TEAM BUILDING EVENT!

Corporations faced with a bout of low employee morale should organise exciting team building events to turn things around. Depending on the company budget available, there are lots of team building activities that can be implemented. Corporate event planners can organize a trip to a resort and run a myriad of group activities that encourage collaboration between co-workers.

What are some of the team building ideas that would make the event a success? Infusing a sense of adventure and fun would be the ultimate aim of these corporate events. Organising a paintball event encourages teamwork, collaboration and competition amongst teammates and opponents. Other team building activities that would be suitable would be treasure hunts or even canoeing or kayaking. Apart from that, specialized adventure team building retreats with obstacle courses could prove to be ideal for a corporate event.

Some of the physical challenges here include monkey bars, ravine crossing, climbing walls, tire runs and stainless steel cables. Participants can be grouped into teams and encouraged to compete against one another. With this, elements such as collaboration and teamwork can be incorporated into the group during the team building event.

Another form of team building such as the geo-caching activity utilizes the combination of natural and technology elements in a mixed urban and rural environment. With a basic concept that is somewhat similar to the Amazing Race, participants are given clues to locate the next clue hidden in caches in a city or park area. Thus, logic, knowledge, collaboration and teamwork would all need to be put into place in order to decipher the clues and move on to the next location. Maps and GPS units are provided to teams for directional assistance.

Geo-caching team building programs can incorporate physical challenges such as cross-country skiing, short walks through the city or parks, or even cycling or rowing. Depending on the objective of the corporate event, physical elements will help to increase difficulty level of the geo-caching activity.

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