



HOW SELF AWARENESS HELPS YOU ATTAIN GREATER CAREER SUCCESS

So how do you go about increasing awareness of yourself and use the knowledge to actually make the promotion, raise, or recognition? Start by writing down a plan for career growth. A growth plan is a summary of your strengths and weaknesses and a roadmap for achieving your career goals.

1. List your accomplishments

Brainstorm all the things you have accomplished in the past year, large or small, work-related or off the job. Ask friends, family and coworkers to help you remember, but that may have been impressed with the achievements that were so second in nature that they not even realize they were worth mentioning.

2. Identify your strengths

Review your list of accomplishments and use it to identify its strengths. Are you a project cost savings? The initiative and innovation can be your strengths. Did you get through a staffing change important and still keep the place running? Perhaps they are adaptable and a good coach. List the strengths of its growth plan.

3. Identify your weaknesses

This can be a little harder, because you may have weaknesses that are not conscious. Seek the advice of your boss, colleagues, friends and family. Try to distribute a 360-degree and form of feedback to enable anonymous responses. Others will be more likely be honest with you if feedback can be anonymous, and want honest feedback, because what your friends are afraid to say that could be holding you back!

4. Identify your career goals

Define and quantify what you would like to achieve. If it is a promotion, what position you seek? If it is a raise, what percentage or level of wages that would make you feel like a success? Be specific. Try magazines, both short term and long term goals.

5. Identify the qualities needed to achieve career goals

If you want the promotion requires leadership, and leadership is an advantage for you, then you will want to cultivate that quality. If the manager expects seriousness at work, and struggle to get to work on time, you may need to concentrate on improving your reliability if you want to increase.

6. Write a plan for improving the qualities you need

How will you go about growing your leadership skills? How will you improve reliability? Develop a plan of attack for each grade that has chosen to improve. Maybe you can read a book on leadership, or install an alarm clock. Second deadlines, make sure the plan is viable, and establish by it. If professional success is important to you, you will find a way to make your plan a priority.

Increasingly be aware of themselves is the key to achieving your career goals. Once you can identify the things that stop you, you can work on improving them. Good luck, and may you find success in all you do!