

BE OPEN TO FEEDBACK - CHANGE FOR THE BETTER

It is crucial for both sides, that is, the one who gives the feedback and the one who receives it to keep certain things in mind:

Giving a feedback:

Giving a constructive feedback is one of the best things that you could do to help someone in the work front. However, you need to carefully go through what you want to say to the person concerned and also how you should deliver the feedback. Remember that it is not so simple to give a proper feedback and much thought should be given to it. You may just need to bring to the forefront negative factors, so you have to ensure that you deliver it in a manner which is positive, objective, and skillful. Do not de-motivate or embarrass the person, be sensitive to his or her feelings, and aim at bringing development and self-improvement. If it is a positive feedback, it would be encouraging to announce it in a group, but this should not be the case for a negative feedback. Call the person aside, and communicate it to him or her in a positive and supportive tone. It must be remembered that each individual is a valuable member of the organization and must be given due respect.

The importance of getting a feedback:

Consider yourself lucky if you receive constructive feedback from your seniors. The last thing that you should do when you receive constructive feedback is to take it as a criticism and then sulk, run into rage, or dive into a depression. Remember that those who give their feedback, whether positive or negative, consider you as a valuable contributor in the work front and wish that you get better in what you are doing. Receiving feedback is an opportunity to rectify your mistakes, learn new skills, and improve yourself. These are expert suggestions that will aid in your growth. Moreover, taking it in a positive light and working towards the feedback given, will naturally build a good relationship between you and your seniors. They will consider you as a mature professional who is not only concerned about the development of the self, but of the overall progress of the organization.

Some of the biggest companies in the world, the greatest business tycoons or even world famous actors, are what they are because they utilized every feedback regarding them in a positive manner. They decided to change for the better. No matter what the source is, a feedback should be desirable if you wish to grow in your career. You need to understand the basic fact that there is no end to improving and getting better day by day and by simply being willing to change, you would have taken the first step in the long journey of improvement and progress.

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