



HOW TO PICK A DIRECTION?

Sometimes, as an adult, it's hard to find a mission. Other times, the difficulty is in recognizing it when you've found it. To discover your mission, you must ask yourself what you place at the center of your life what you personally find most meaningful and fulfilling and then build your livelihood around that central interest or value. Begin by looking at the position you're currently in. Are you happy where you are? Being discontented doesn't necessarily mean you should change careers entirely. Perhaps you've simply strayed too far from your initial intentions and need to re-chart your course. Or economic and societal changes may have blocked the path to your original goal. Or as you've grown, perhaps your goals and needs have changed. [Read More at Hound](#)

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