

## SENIOR ASSISTED LIVING CAREERS

Some residents may have memory disorders such as Alzheimer's or need help with mobility and incontinence. Therefore, senior assisted living careers require a considerable amount of patience and compassion. Here are a few types of jobs that fall into this category:

- Management and Coordinator Positions The management and coordinator positions at an assisted living facility require strong leadership skills, ability to work in a team environment, and the mindset to make a difference in the lives of seniors and their families. These senior assisted living careers involve the hiring, training, and maintenance of a high-quality team. Demonstrated good judgment, problem solving, and decision making skills along with effective organization, time management, and written and verbal communication skills are important for these jobs. The candidates should also be proficient in MS Office and have the ability to quickly learn new computer applications.
- Therapy Positions These are jobs as physical therapists, wellness therapists, or family therapists for specialists in the field of medicine and psychology. A professional/college degree in nursing/therapy is mandatory for these senior assisted living careers. These positions are responsible for engaging seniors in familiar routines of daily living and creating pleasant days for them as well as assisting in the training and monitoring of medication care administration. In other words, these professionals are responsible for the overall well-being of the seniors.
- <u>Daily Care Positions</u>Care providers are primarily responsible for building significant relationships with seniors and their families while assisting the seniors with activities of daily living, attending to their individual care requirements, and learning their specific preferences and personalities. In particular, these senior assisted living careers involve helping seniors with tasks involving grooming and personal hygiene, providing dining services, doing light housekeeping, and doing laundry. Care providers also attend social outings with the seniors to ensure their safety. A high school diploma is sufficient qualification for most of these jobs, and prior experience in the medical field is a plus.

In short, senior assisted living careers are well-paid and rewarding jobs that revolve around the monitoring of the health and well being of seniors and the provision of leadership support and assistance with senior care and services.

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