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9 TIPS TO GET THROUGH YOUR FIRST DAY

Summary: *Make the first day of your new job an exciting and successful day by following these tips.*

On your first day of your new job, you want to make a good first impression to your boss and fellow co-workers. We have nine tips to help you get prepared for and make it through that first day.

1. Get plenty of sleep before your first day. This means not just the night before but several nights leading up to the big day.
2. Starting study material that will be relevant to this new job so that you are prepared for whatever is thrown your way. This may be learning the lingo of the industry or the business model of the company.
3. Practice a test run of getting to the work the day or two before so that you know where you are going on what amount of traffic to expect. Nothing is worse than being late the first because of silly things that are avoidable like not knowing where to park or how long the commute will take. You also don't want to over prepare and arrive an hour early to work.
4. Ask before the first day what the dress code is. When you went in for the interview, hopefully you looked around and got an idea of what others were wearing in the office. It is better to be overdressed than under but you feel the most comfortable being dressed the same as everyone else.
5. Introduce yourself to others by shaking their hand and repeating their name. Use their name a few times to help you remember it.
6. Ask questions instead of being too proud or shy and trying to figure it out on your own. There is no reason to make mistakes on your first day. Take notes if you need to remember everything.
7. Talk to your new coworkers for any advice. During lunch is a good time to talk with others so do not sit by yourself at your desk during lunch.
8. Don't try to learn everything about your new coworkers on the first day. Spend more time figuring out the job than socializing.
9. Work hard and show your strong work ethic by not clocking out first. You don't need to be the last one to clock out but being the first one there does not show a strong commitment to the job.

Read these related articles to learn more about making the first day of work successful:

First Day of Work: Rules to Follow

Mistakes to Avoid Your First Day of Work

8 Ways to Be More Professional at Work

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