



## TIPS ON HOW TO MANAGE LAY OFF

This article shows how to become successful when you have a been layed off and are just getting a new job. It points out some of the things that might be going thru the your mind and how to over come all of those problems and to just do the best you can and don't stress or remember your last lay off  
Read the full article here:

Five tips on how to shake post-layoff insecurities, start fresh at new job

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