

GIVE YOUR CAREER A SHOT IN THE ARM



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Nearly every professional person--whether Brain Surgeon, Dentist, CPA, Human Resources Manager, or Vice President of Sales and Marketing--reaches a point I call "repetition burnout." That's burnout from doing the same thing again and again. The dentist who's drilled 187,000 teeth walks into the office on Monday and says, "I can't bear to drill one more tooth." Have you ever felt that way? I know I have. Repetition burnout is very common--especially among high-achievers--but it can be reduced with some focused effort. These are some of the tactics I use to keep my own career fresh and alive. Keep this list nearby, and use it to renew your workday whenever repetition burnout sets in: [Read More at EmploymentCrossing](#) Where can you find the most Human Resources Manager jobs? [Click here](#).

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