

## **ARE YOU A WORKAHOLIC? DO SOMETHING ABOUT IT!**



Working hard is okay, though nowadays working smart is better. The difference between the two is the amount of effort you put to get the same results. The smart ones learn to use technology, delegation of work and better managerial skills to do more in less time and with less effort. However, there are people who cannot feel at peace unless they work themselves into a frenzy. They need to have not only a packed work schedule, but also challenging deadlines to feel "good" about themselves. These people are workaholics.**Read More at Hound** Looking for Manager jobs**? Click here**.

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